



My Heart Goes Boom

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Intro 1 – 8	Tap Steps Right and Left in Place Starting on heavy beat, dance final 8 counts of Tag 2 - once only. If omitting, start dance on verse (12 secs).		
Section 1 1 – 4 5 – 6 7 – 8	Charleston Step, Step 1/4 urn, Step 1/4 Turn Kick right forward. Step right back. Touch left back. Step left forward. Step right forward. Turn 1/4 left stepping left forward. (9:00) Step right forward. Turn 1/4 left stepping left forward. (6:00)	Charleston Step Step Quarter Step Quarter	On the spot Turning left
Section 2 1 – 2 3 – 4 5 – 6 7 – 8	Jazz Box 1/4 Hop/Sweep, Jazz Box 1/4 Stomp Cross right over left. Step left back. Turn 1/4 right stepping right forward. Hop forward onto left, sweeping right forward. Cross right over left. Step left back. Turn 1/4 right stepping right forward. Stomp left forward. (12:00)	Cross Back Quarter Hop Cross Back Quarter Stomp	Back Turning right Back Turning right
Section 3 1 – 2 3 & 4 5 & 6 7 & 8	Kick Kick, Behind Side Cross, 1/4 Coaster Step, Forward Lock Step Kick right forward on right diagonal twice. Cross right behind left. Step left to left side. Cross right over left. Turn 1/4 right stepping left back. Step right beside left. Step left forward. (3:00) Step right forward. Lock left behind right. Step right forward.	Kick Kick Behind Side Cross Coaster Quarter Right Lock Right	On the spot Left Turning right Forward
Section 4 & 1 & 2 & 3 & 4 5 & 6 7 & 8 Repeat	Scuff Step, Scuff Step, Scuff Rock & Back, Run Back x 3, Coaster Step Scuff left forward. Step left forward. Scuff right forward. Step right forward. Scuff left forward. Rock forward on left. Recover onto right. Step left back. Step right back. Step left back. Step right back. (3 small runs) Step left back. Step right beside left. Step left forward. (3:00) Wall 4: Replace count 8 with scuff forward, then repeat last 8 counts stepping left forward as count 1 (omit '&' count before count 1).	Scuff Step Scuff Step Scuff Rock & Back Run Run Run Coaster Step	Forward On the spot Back On the spot
Tag 1 1 – 4 5 & 6 7 – 8 1 – 4 5 & 6 7 – 8	End of Wall 4 (facing 12:00): 16 counts Walk round in small circle, turning right - stepping right, left, right, left. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Step right beside left. Walk round in small circle, turning left - stepping left, right, left, right. Cross left behind right. Step right to right side. Cross left over right. Step right to right side. Step left beside right.	Walk Round Behind Side Cross Side Together Walk Round Behind Side Cross Side Together	Turning right Left Turning left Right
Tag 2 1 – 4 5 & 6 & 7 & 8 & 1 & 2 & 3 4 – 6 7 – 8 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 Note	End of Wall 5 (facing 3:00): 24 counts Walk round in small circle, turning right stepping right, left, right, left. Cross right behind left. Step left to left side. Cross right over left. Step left to side. Cross right behind left. Step left to side. Step right beside left. Step left to side. Cross rock right over left. Recover onto left. Step right to side. Cross left over right. Step right large step to right side. Drag left towards right. Step left large step left. Drag right beside left. Touch right beside left. Step right beside left. Touch left beside right. Step left beside right. Repeat counts 1&2&. Repeat counts 1&2&. Touch right beside left. Step right beside left. Step left forward. These 8 counts are the same as the Intro.	Walk Round Behind Side Cross & Behind & Together & Cross Rock Side Cross Side Drag Side Drag Touch Step Touch Step Touch Step Touch Step Touch Step Touch Step Touch Step Forward	Turning right Left Right On the spot Left On the spot Forward
Ending	Music slows on coaster step (end of section 4): Turn 1/4 left stepping right large step to right, to face front. Drag left to right.	Turn Drag	Turning left

Choreographed by: Jo and John Kinser (UK) February 2013

Choreographed to: 'My Heart Goes Boom' by Miss Li (112 bpm) from CD Title; **FREE** download version by Glenn Rogers available for Linedancer subscribers from www.linedancermagazine.com

Repeat/Tags

There is one Repeat during Wall 4 and 2 Tags



A video clip of this dance is available at www.linedancermagazine.com