

# Sixteen Tons (16 Tons) [Revised version 2, with the helpful advice of John Robinson.]

Description: 72 count, 4 wall, intermediate dance [Swing]

Music: Sixteen Tons by Tom Jones [108 BPM]

CD: The Best of Tom Jones [Rebound]

Start 16 counts in on the vocals.

Sequence: 72, 72, 72, 64, 16, finish with the last 8 counts of the dance ending facing the front wall.

Choreographed by Jo and John Kinser (July 04.)

Instructors/Choreographers/DJ

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## Repetition 1

### **1-8 Toe struts progressing forward with snaps**

1-2 Touch the right toe forward, step down and snap on count 2

3-4 Touch the left toe forward, step down and snap on count 4

5-6 Touch the right toe forward, step down and snap on count 6

7-8 Touch the left toe forward, step down and snap on count 8

### **9-16 Rock step, triple turn, drag, rock step**

1-2 Rock right forward, replace weight left

3&4 Turn 1/2 turn right step forward right, together left, forward right

5-6 Make 1/2 turn right step back left, drag right toe to left instep

7-8 Rock back right, replace left

### **17-24 Turn & rock – left right left, turn & rock – left right left**

1-2 Step forward making a 1/4 turn right, rock left foot to left side

Snap right fingers diagonal down towards left foot on count 2

3-4 Rock right side right, replace weight left

Snap right fingers diagonal down towards left foot on count 4

5-6 Step forward making a 1/4 turn right, rock left foot to left side

Snap right fingers diagonal down towards left foot on count 6

7-8 Rock right to right side, replace weight left

### **25-32 Shimmy drag, step lock back, step lock back**

1-2 Step forward right and shimmy shoulders forward

3-4 Come back to center replace weight left, drag right to left

5&6 Step back right, lock left in front of right, step back right

7&8 Step back left, lock right in front of left, step back left

### **33-40 Flick step, shuffle forward prep, turn, turn, lunge replace**

1-2 Drag the right foot back into a flick, step forward on the right

3&4 Step forward left, step together right, step forward left – prep left foot to left diagonal

5-6 Make 1/2 turn left step back right, make 1/2 turn left step forward left

7-8 Lunge forward on to ball of right foot - arms out to side palms back, replace weight left

### **41-48 Turn turn turn cross, rock and cross, side shuffle left**

1-2 Make 1/2 turn right step forward right, make 1/2 turn right step back left

3-4 Make 1/4 turn right stepping to the side right, cross the left in front of right

5&6 Rock right side right, replace weight left, cross right in front of left facing left diagonal

7&8 Step left side left, close together right, step left side left facing left diagonal

**49-56 Cross break, and cross - 1/4 turn, turn, turn, coaster step**

- 1-2 Rock right diagonal forward left, replace weight left  
&3-4 Step right back, cross left in front of right, step right back 1/4 left  
5-6 Make 1/2 turn left step forward left, make 1/2 left step back right  
[Option replace turns with two walks back left, right]  
7&8 Step back left, step together right, step forward left

**57-64 Step touch, back touch, forward touch, forward touch**

- 1-2 Step in place right, touch left next to right instep - snap  
3-4 Step left back in place, touch right next to left instep - snap  
5-6 Step right forward, touch left next to right - snap  
7-8 Step left forward, touch right next to left - snap

**65-72 Touch right and left, and right and left, and right and left, and right, touch  
[total 3/4 turn right]**

- 1&2 Touch right side right, make 1/4 turn right bring right next to left compress knees,  
touch left side left  
&3&4 (&) straighten up close left next to right, touch right side right,  
make 1/4 turn right bring right next to left compress knees, touch left side left  
&5&6 (&) straighten up close left next to right, touch right side right,  
make 1/4 turn right bring right next to left compress knees, touch left side left  
&7-8 (&) straighten up close left next to right, touch right side right, touch right next to left  
[end facing 3 o'clock wall.]

Repeat 1-72 ending facing 6 o'clock wall

Repeat 1-72 ending facing 9 o'clock wall

On the forth repetition facing 9 o'clock you will start the dance again omitting the last 8 counts  
[dance counts 1 – 64 only.]

The music will fade for 16 counts, facing the 3 o'clock wall follow with the finish:

**Finish:**

**1-16** Keeping to the same beat dance the first 16 counts and last 8 (65-72) ending facing the front wall.