dancin mood

Choreographed by: Jo Coleman/Kinser Omaha, NE 68154 March'01 Tel: (402) 898 5503 Email: JJKdancin2000@home.com

Phrased 4 Wall Line Dance 32 Counts - Intermediate Level
Choreographed to: I'm in the dancin' mood
by Jools Holland and his Rhythm and Blues Orchestra - Lift the Lid (Start on Vocals)

SECTION A: wall 1 32-counts

	STEP, 1/2 TURN, TRIPLE 1/2 TURN, ROCK INPLACE, TRIPLE 1/2 TURN
1-2	Step forward right, pivot 1/2 turn right,
3&4	step right foot a 1/4 turn right, step left together, step right foot a 1/4 turn right
5-6	rock forward on the left foot, replace weight back right
7&8	step left foot a 1/4 turn left, step right together, step left foot a 1/4 turn left (clap hands 3 times)
	SWEEP 3/4 TURN, STOMP IN PLACE, TOUCH AND TOUCH AND STEP AND TOUCH
1-2	Sweep the right foot 3/4 turn left
3-4	Stomp right foot in place, stomp left foot in place
5&6	Touch right foot forward, step back on the right foot (3rd position), touch left foot forward
&7&8	Step left back in place, touch right foot next to left, step back on the right foot (3rd position), touch left foot forward
	STEP 1/2, TOUCH RIGHT CROSS IN-FRONT, TOUCH LEFT CROSS IN-FRONT, TOUCH RIGHT CROSS BEHIND
&1-2	Step left back in place, step forward right, pivot 1/2 left
3-4	Touch right foot out to right side, cross right foot over in front of left (5th position) click finger on count 4
5-6	Touch left foot out to left side, cross left foot over in front of right (5th position) click finger on count 6
7-8	Touch right foot out to right side, cross right behind left foot (5th position) click finger on count 8
	TOUCH LEFT CROSS BEHIND, MONTEREY TURN 1/2 RIGHT, TOUCH LEFT, REPLACE, SWING HIPS RIGHT, LEFT
1-2	Touch left foot out to left side, cross left behind right foot (5th position) click finger on count 2
3-4	Touch right foot out to right side, pivot 1/2 turn over right shoulder (weight right)

Touch left foot out to left side, bring left foot back in place (weight left - feet shoulder width apart)

Swing hips and hands palms down to right, swing hips and hands palms down to left (weight left) or body roll

continue overleaf:

5-6

7-8

SECTION B: wall 2 24-counts

STEP, 1/2 TURN, TRIPLE 1/2 TURN, ROCK INPLACE, TRIPLE 1/2 TURN

- 1-2 Step forward right, pivot 1/2 turn right,
- 3&4 step right foot a 1/4 turn right, step left together, step right foot a 1/4 turn right
- 5-6 rock forward on the left foot, replace weight back right
- 388 step left foot a 1/4 turn left, step right together, step left foot a 1/4 turn left (clap hands 3 times)

SWEEP 3/4 TURN, STOMP IN PLACE, TOUCH AND TOUCH AND STEP AND TOUCH

- 1-2 Sweep the right foot 3/4 turn left
- 3-4 Stomp right foot in place, stomp left foot in place
- 5&6 Touch right foot forward, step back on the right foot (3rd position), touch left foot forward
- &7&8 Step left back in place, touch right foot next to left, step back on the right foot (3rd position), touch left foot forward

STEP 1/2, TOUCH RIGHT CROSS IN-FRONT, TOUCH LEFT CROSS IN-FRONT, STEP RIGHT PIVOT 1/2 LEFT

- &1-2 Step left back in place, step forward right, pivot 1/2 left
- 3-4 Touch right foot out to right side, cross right foot over in front of left (5th position) click finger on count 4
- 5-6 Touch left foot out to left side, cross left foot over in front of right (5th position) click finger on count 6
- 7-8 Step forward on the right foot, pivot 1/2 left

SECTION A: wall 3 32-counts SECTION A: wall 4 32-counts

SECTION A: wall 5 32-counts

SECTION C: wall 6 16-counts

SYNCOPATED STEPS TURNING FULL TURN RIGHT, REPEAT LEFT

- 1& Step right forward starting to turn right, step ball of left behind right
- 2& step right forward continuing to turn right, step ball of left behind right
- 3& step right forward continuing to turn right, step ball of left behind right
- 4 step forward on right (you have completed full turn)
- &5&6 Step left diagonally back, touch right heel diagonally right, step right in place, cross step left over right
- &7&8 Step right diagonally back, touch left heel diagonally left, step left in place, step right slightly forward (extended 5th)
- 1-8 Repeat left

SECTION B: wall 7 24-counts

SECTION A: wall 8-14 32-counts to the end